



TRUE PATRIOT LOVE EXPEDITION:
PICO DE ORIZABA 2019



TRUE PATRIOT LOVE EXPEDITION

ORIZABA 2019

Participant Information Package



INTRODUCTION

The True Patriot Love Foundation is thrilled to announce the next adventure in our Expedition Series—**Orizaba 2019**.

True Patriot Love Expeditioners will summit the 18,491 ft. peak of Orizaba. Located in Central Range Mexico, Pico de Orizaba is the third highest mountain in North America. It rises 18,491 ft. above sea level and is the second most prominent volcanic peak in the world after Africa's Mount Kilimanjaro.

Building on the success of True Patriot Love's previous expeditions to the Himalayas (2012), the North Pole (2014), Antarctica (2016), the Best of Canada Series (2017) and the Himalayas (2018), this expedition will bring together a team of ill and injured Canadian soldiers and Veterans along with business and community leaders, to take on this unique and life-changing challenge together.

Working as a team to complete this mission, participants will face physical, emotional and mental roadblocks throughout their journey. In addition to reaching their physical goal, the expedition team will collectively raise critical funds for True Patriot Love to help support Veterans and their families as they transition to civilian life. Previous expeditions have raised more than \$7 million collectively, which has allowed for enhanced job training and recruitment, provided 144 Veterans with rapid job placement, helped fund more than 8,400 hours of peer-to-peer mental health counselling, and allowed for a \$500,000 investment to create a virtual reality therapy program for Veterans living with PTSD which is now being used across the country.

The adventure also provides an opportunity for participating soldier team members to face personal challenges on their journey of transition into civilian life. Many soldier team members are dealing with visible and invisible injuries as a result of their service, and this experience will provide them the opportunity to share their stories, bond with other participants, and transition into a fulfilling civilian role following their military service.

We are currently seeking committed business and community leaders to join this incredible journey as part of True Patriot Love's Orizaba 2019 Expedition team. Participants will train for the expedition, fundraise to support Canadian Veterans and their families, and participate in a mentorship program with the soldier team members.



ITINERARY

Please note details are subject to change

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| Day 1 (February 23) | • Arrive in Mexico City and stay at airport hotel with the team (welcome dinner). |
| Day 2 (February 24) | • Private transfer to Tlachichuca (7,000 ft). Dinner and lodging at historic mid-century Soap Factory and Lodge. |
| Day 3 (February 25) | • Expedition overview and gear check. Afternoon will be free to explore the town and enjoy the hacienda. |
| Day 4 (February 26) | • Transport via 4x4 to Piedra Grande Hut (13,972 ft) on Orizaba and take a small acclimatization hike. Sleep in hut/tents. |
| Day 5 (February 27) | • Acclimatization hike to set up high camp and return to sleep in the hut/tents. Practice glacier skills and rope team travel. |
| Day 6 (February 28) | • Hike to high camp, then return to tents to sleep. Prepare for summit attempt. |
| Day 7 (March 1) | • Attempt to summit Orizaba and return to the hut. Transport back to Tlachichuca in 4x4 transport and sleep in hacienda. |
| Day 8 (March 2) | • Private transfer van back to Mexico City. Lunch not included. Stay in the historic part of town and take part in guided walking tour, followed by a celebration dinner. |
| Day 9 (March 3) | • Return home. |

GENERAL DETAILS AND REQUIREMENTS *Please note details are subject to change*

Availability: Participants must be available during the following dates:

- Training Camp: November 29 – December 2, 2018 in Canmore, Alberta. Training camp will provide necessary skills required for all participants. (All skills levels welcome from novice to expert (no experience necessary).
- Expedition: February 23 - March 3, 2019 (Mexico).

Fundraising Goal: In addition to the participant fees, each civilian team members is responsible for fundraising \$50,000 per person. True Patriot Love will provide full support to participants in the form of fundraising materials and strategic direction.

Medical Requirements: This is a physically demanding experience. Participants must complete a medical screening and sign a waiver in order to participate.

Mentorship Program: Participants will take part in a mentorship program in which they will work directly with members of the soldier team to provide leadership as they transition to civilian life.

Media: From time to time, media outlets may request interviews or photos from select participants.

Filming: Participants must be comfortable with the presence of photographers, film crew, and/or members of the media at training camp and the expedition (Note: participation does not guarantee film/photography elements following the expedition).

Alcohol: The expedition will be dry with the exception of a celebratory dinner upon completion.

PARTICIPANT FEE – \$10,000

Includes

- Training camp fees, guides, and equipment (excluding personal gear).
- Training camp accommodations and meals.
- Experienced local guides at training camp and on the expedition.
- All transportation detailed as part of the expedition itinerary.
- All meals within the dates of the expedition as identified in the itinerary.
- Accommodations throughout the expedition including a combination of hotels, huts and camping.
- All group camping and cooking gear.
- Guides will be equipped with weather reports, navigation systems, satellite phone (for emergency use), GPS, etc.
- Guides have comprehensive first aid kits and are trained wilderness first responders.
- Team welcome dinner and completion celebration.

To reserve your spot please submit a non-refundable deposit of \$5,000 (CAD). The balance of your expedition fees will be due on September 4, 2018. A tax receipt will not be available for participation fees.

Does Not Include

- Round-trip airfare to and from training camp (if required).
- Round-trip airfare to and from Mexico for the expedition.
- Personal expedition clothing and personal specialized gear (sleeping bag, hiking poles, etc.).
- Personal items.
- Excess baggage charges (if applicable).
- Medical and evacuation insurance (required for each member).
- Trip cancellation insurance (if desired).
- Bottled water or alternative beverages throughout the training camp and expedition.
- Personal snacks.

Spaces are limited! To reserve your sport on the Orizaba 2019 Expedition, please contact:



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